### **Rural Clinics Offices:**

Rural Clinics: Battle Mountain 825 N 2nd Street Battle Mountain, NV 89820 (775) 635-5753

Rural Clinics: Carson 1665 Old Hot Springs Rd. Suite 150 Carson City, NV 89706 (775) 687-0870

> Rural Clinics: Dayton 5 Pinecone Road #103 Dayton, NV 89403 (775) 461-3769

Rural Clinics: Douglas 1528 US HWY 395 North, Suite 100 Gardnerville, NV 89410 (775) 782-3671

> Rural Clinics: Elko 1825 Pinion Road, Suite A Elko, NV 89801 (775) 738-8021

> > Rural Clinics: Ely 1675 Avenue F Ely, NV 89301 (775) 289-1671

Rural Clinics: Fallon 141 Keddie Street Fallon, NV 89406 (775) 423-7141

Rural Clinics: Fernley 415 Hwy 95A, Building I Fernley, NV 89408 (775) 575-7744 Rural Clinics: Hawthorne 1000 C Street Hawthorne, NV 89415 (775) 945-3387

Rural Clinics: Lovelock 775 Cornell Ave., Suite A-1 Lovelock, NV 89419 (775) 273-1036

Rural Clinics: Pahrump 240 S. Humahuaca Pahrump, NV 89048 (775) 751-7406

Rural Clinics: Panaca 1005 Main Street Panaca, NV 89042 (775) 962-8089

Rural Clinics: Silver Springs 3595 Hwy 50 West, Suite 3 Silver Springs, NV 89429 (775) 577-0319

Rural Clinics: Tonopah 119 St. Patrick Street Tonopah, NV 89049 (775) 482-6742

Rural Clinics: Winnemucca 475 W. Haskell Street Winnemucca, NV 89445 (775) 623-6580

Rural Clinics: Yerington 215 W. Bridge Street, Suite 5 Yerington, NV 89447 (775) 463-3191

Fees for all services are based on ability to pay.

# RURAL CLINICS -Mental Health Clinics





Rural Clinics - Administration 727 Fairview Drive, Suite A Carson City Nevada 89701 Phone: 775-684-5000

Administrative email: ruralclinicsadministration@health.nv.gov

Updated: August 2021

### **Rural Clinics**

Rural Clinics is a state agency within the Nevada Department of Health and Human Services, Division of Public and Behavioral Health. Rural Clinics is open Monday through Friday from 8:00AM to 5:00PM, not including State holidays.

There are 16 clinics in 12 counties which provide an array of behavioral health services for adults and children to assist individuals to achieve self-sufficiency and recovery.

Services include: Case Management, Rehabilitative Mental Health, Mental Health Therapy, Medication Management Clinic, Residential Support, Psychological Testing, and Crisis Stabilization Teams. Rural Clinics also has a Mental Health Court program in Carson City and, in some counties, works with local law enforcement to support their Mobile Outreach Safety Team (MOST).

Rural Clinics services are individualized, culturally appropriate, community-based and meet high standards of care. Agency personnel collaborate with public and private partners to ensure continuity of care.

## **Description of Services**

### Rehabilitative Mental Health (RMH)

 Assists individuals to develop, enhance and/or retain skills, personal adjustment and/or independent living competencies in order to function as independently as possible.

Mental Health Therapy – Therapeutic interventions provided to individuals and families which are individualized for a presenting need. Families are always involved in treatment for children and adolescents.

#### **Medication Management Clinic –**

Assist individuals in recognizing the benefits and risks of medication in managing their mental illness. Services include education with the individual about medication benefits and side effects, treatment and referrals to other services, communication with the primary care physician, to ensure effective treatment of mental health through medication management.

Residential Support – Provides rental assistance and other necessary supports to maintain stable housing (federal and state funding). All residential supports are based on individual need and are coordinated with Nevada Rural Housing Authority.

Case Management – Assists individuals, including those in Mental Health Court, to gain access to needed medical, social, educational and other supports, including housing and transportation needs.

Psychological Testing — Provide psychological testing including psychological diagnostic assessment of intellectual functioning, executive functioning, personality, psychopathology, assistance to clinicians with diagnostic clarification.

Crisis Stabilization Teams – Rural Clinics provides Crisis Response and Stabilization services to reduce emergency department visits by providing immediate support, crisis interventions, short-term stabilization, case management services and assistance with hospitalization if needed. Interventions are provided in the community in which the person lives via phone or video as follows:

Youth—Rural Mobile Crisis
Response Team: Supports youth
(ages up to 18) and families in a
behavioral health crisis by
stabilizing the crisis and helping
find community resources.

Phone: 1-702-486-7865

◆ Adult—Immediate Mental Health Care Team: Supports adults (persons 18 and older) who are experiencing a behavioral health crisis by stabilizing the crisis and helping connect to community resources.

Phone: 1-877-283-2437 After-hours contact for current clients: 1-775-221-7615